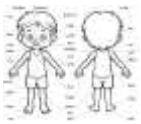
The Sense-ational Human Body



YEAR: 2020
TERM: Autumn 1
YEAR GROUP: 1

Rationale/Hook
Are you a footballer? Gymnast? Dancer? Runner? Do you love trampolining, karate, riding your bike, playing at the park or skipping? A professional female footballer is asking Year 1 children if they can help to promote a healthy lifestyle and educate others of the importance of looking after our bodies. To know how to promote a healthy lifestyle, we need to understand how our sensational human body really works. We must consider how particular body parts move and work so that we can be active and how our senses allow us to experience the world around us. We will delve into the senses, learning how they work and begin to work scientifically to compare how our reaction to the senses can change and adapt over time.

Lead Subject: PE
We will kick start our project with PE Sports Spectacular activities! To learn how our bodies work we will begin by looking at different movements and exercises that make parts of our body feel a certain way. How does exercise affect our pulse? How does it affect our breath? We will be introducing our daily Park Gate 10 run, keeping track of how regular exercise helps our fitness improve over time. To begin to make the links between regular exercise and a balanced diet, we will learn about healthy food choices and how treats are ok to have sometimes!

Lead Subject: English
Throughout this project, we will continue to develop our handwriting and letter formation. We will delve into how each sense works, learning facts and scientific vocabulary to form a senses booklet. Using our new understanding of the senses, we will participate in a sensory experience and go on to write a short recount of our experiences and how we felt during this. We will build a bank of adjectives to describe what we saw, heard, smelt, tasted and how we felt.

Lead Subject: Science
In these 4 weeks, we will become science experts identifying, naming, drawing and labelling the basic parts of the human body and we will learn which body parts are associated with each sense. Children will use their senses to compare different textures, sounds and smells and understand how each sense works to create our senses booklet. Linking with our lead subject PE, we will look at the importance of exercise and eating the right amounts of different types of foods.

Applied Subject: ICT
For this project in computing we will be using the iPads to record our own digital content in the form of a fitness video. We will also be begin to discuss the importance of using technology safely.

Applied Subject: PDL
Building on from our last project, we will think about how each of our bodies are different and how some people need extra help to see and hear to experience the world around us.

School Values:
For this project we will be focusing on the values of **resilience** and **growth**. We will consider how we can become resilient when being active doing our Park Gate 10 daily run and how we can grow as learners about how our body works and become more aware of how our bodies need food and exercise.

Outcome
The children will be holding a Sense-ational Human Body exhibition for the adults in their class bubbles. They will be explaining and showcasing their new knowledge and giving the adults tips on how to lead a healthy lifestyle.

Home learning
To promote leading an active lifestyle, for the home learning children will create a poster of 5 different ways they have been active. More details to come in home learning help sheet.

Maths
We will be continuing to work on our place value skills up until half term, looking at one more and one less than any number. We will begin to learn how to count in multiples of twos, using our skills of fluency, reasoning and problem solving to show this. To really secure our knowledge of number we will have a high focus of the teen numbers, addressing misconceptions of where the 1 goes in a teen number. We will begin to learn our number bonds to 10.

4 weeks
Apple Blossom and Cherry Blossom Class