

**Park Gate Primary School  
Long Term Curriculum Plan  
Whole School Theme Overview Relationships Education, Sex and  
Relationships and Health Education**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Me and My Relationships	Valuing Difference	Keeping myself Safe	Rights and Responsibilities	Being My Best	Growing and changing
Year 1	Me and My Relationships Being My Best	Valuing Difference	Keeping myself Safe	Rights and Responsibilities	Growing and changing	
Year 2	Me and My Relationships	Rights and Responsibilities	Keeping myself Safe	Valuing Difference	Being My Best	Growing and changing
Year 3	Me and My Relationships	Growing and changing	Keeping myself Safe	Valuing Difference	Rights and Responsibilities	Being My Best
Year 4	Me and My Relationships	Valuing Difference	Keeping myself Safe	Rights and Responsibilities	Being My Best	Growing and changing
Year 5	Me and My Relationships	Rights and Responsibilities	Keeping myself Safe	Valuing Difference	Growing and changing	Being My Best
Year 6	Me and My Relationships Valuing Difference	Keeping myself Safe		Rights and Responsibilities	Being My Best	Growing and changing