



KARATE FOR SCHOOLS

AFTER SCHOOL KARATE CLASS AT

PARK GATE PRIMARY SCHOOL

**STARTING WEDNESDAY
10TH SEPTEMBER 2025.**

3.15 - 4.15PM.

£6 A LESSON.

**EMAIL OR TEXT THE
NUMBER BELOW FOR MORE
INFORMATION & TO BOOK
YOUR PLACE:**

TEXT: 07858 893128

EMAIL: SKA.FAREHAM@GMAIL.COM

FACEBOOK: @SKA.FAREHAM

WWW.SOUTHERNKARATEASSOCIATION.CO.UK

**PAY AS
YOU GO.
NO DIRECT
DEBITS**

TEACHING

- ✓ Self Defence
- ✓ Confidence
- ✓ Co-ordination
- ✓ Awareness
- ✓ Etiquette
- ✓ Respect
- ✓ Discipline
- ✓ Behaviour
- ✓ Fitness
- ✓ Strength
- ✓ Control